

# Schedule of Events - Friday, October 5

## GEDCO's iConnect Generations Expo

10:00 am	<b>Falls Prevention</b> Marlene Riley, Towson University	<b>Tai Chi</b> Eric Johnson, Baltimore Tai Chi
	<b>Children's Activities (until 3 pm):</b> Arts and Crafts, Sidewalk Chalk, Face Painting	<b>Balance Screening</b> MedStar
	<b>Family Caregiving w/ Mobile Technology</b> ICmed Demonstration	
10:30 am	<b>Identity Theft</b> Tim Thornton, BBT	<b>Strength Training</b> Alice Lium, YMCA
	<b>A Friend in Need:          How to Help your Loved Ones          Connect to Counseling</b> Pro Bono Counseling Project	<b>Nutrition Games:          What is your portion?</b> Susan Gross, Johns Hopkins University
11:00 am	<b>Money Management/Budgeting</b> The Columbia Bank/Fulton Bank	<b>Family Caregiver Program</b> Baltimore City Health Dept., Division of Aging and CARE Services
	<b>Line Dancing</b>	
11:30 am	<b>Zumba</b>	<b>Lunch</b> Eating Together in Baltimore Limited supply of boxed lunches
12:00 pm	<b>Community Welcome / Raffles</b>	
12:30 pm	<b>Baltimore's Got Talent! Competition</b>	
1:00 pm	<b>Brain Health</b> Kim Burton, Mental Health Association of MD	
2:00 pm	<b>Charm City Band</b>  <b>BINGO</b>	<b>Estate Planning - Wills and          Advance Directives</b> Susan Francis, Maryland Volunteer Lawyers Service
3:00 pm	<b>Gospel &amp; Jazz Music</b>	
3:30 pm	<b>Step Show</b>	
All Day	<b>Great Blacks in Wax Exhibit</b>  <b>Family Fun Walk &amp; Sports</b> Enjoy walking with sports and health trivia!	<b>STOP Glaucoma - Eye Screening</b> Wilmer Eye Institute  <b>Baltimore Police &amp; Fire Department</b>